

UPPER MERION PARKS AND RECREATION

175 W. Valley Forge Rd. King of Prussia, Pa 19406

Daniel Russell, Director (610)265-1071

Emily DeVuono, Recreation Superintendent

RADNOR TOWNSHIP PARKS AND RECREATION

Thomas Blomstrom, Director

LOWER MERION TOWNSHIP PARKS AND RECREATION

Lindsay L. Taylor, Director



*A RECREATION PROGRAM FOR
PEOPLE WITH SPECIAL NEEDS*

PURPOSE: Outer Limits purpose is to provide a challenging, adventure-oriented recreational experience that will assist participants in developing physically, emotionally and socially. Activities will promote athletic and creative skill-development, ego-enhancement, improve self-confidence and increase self-reliance.

ABOUT OUR STAFF: Activities are directed by instructors who are highly-qualified in the activity skill as well as in working with special needs individuals.

IMPORTANT NOTE: Activities that are cancelled due to inclement weather **MAY NOT** be rescheduled. ****If you are bringing a friend they MUST fill out the waiver form!****

2009-2010 PROGRAM DATES

****FRIDAY, OCTOBER 23****

HALLOWEEN DANCE AT THE PARK RIDGE HOTEL: Disc jockey, decorations and refreshments. Wear your Halloween costume & bring a friend! 7-9PM.

SATURDAY, NOVEMBER 14

BOWLING AT FACENDA WHITAKER LANES: Swede Rd. and Germantown Pike, Norristown. Meet at lanes 2PM pick up at 4PM. Send a small snack.

****FRIDAY, DECEMBER 4****

HOLIDAY HOOPLA: Holiday extravaganza with tree lighting, crafts, cookies, hot cocoa and music at the Upper Merion Township Building 6:00 pm-7:30pm. Meet in the Lower Level Lobby.

FRIDAY, DECEMBER 18

WINTER FESTIVAL DANCE AT THE PARK RIDGE HOTEL: Disc jockey, decorations, surprises and refreshments. Enjoy the winter season & bring a friend. 7-9PM.

SATURDAY, JANUARY 2

DISNEY ON ICE "CELEBRATIONS": Bus departs Upper Merion Township Building at 9:45AM, returns approx. 1:45 PM. Please send lunch or \$ for food.

****FRIDAY, JANUARY 22****

SNOWFLAKE DANCE AT THE PARK RIDGE HOTEL: Disc Jockey, decorations and refreshments. Each participant can bring a friend and wear casual attire. 7-9PM.

****FRIDAY, FEBRUARY 12****

SWEETHEART DANCE AT THE PARK RIDGE HOTEL: Disc Jockey, decorations and refreshments. Each participant can bring a friend and wear casual attire. 7-9PM.

SATURDAY, FEBRUARY 27

ADVENTURE AQUARIUM IN CAMDEN NJ: Bus departs UM Township Building at 9:15AM, returns approx. 1pm. Please send snack/lunch or \$ for food

SATURDAY, MARCH 20

BOWLING @ THE PALACE IN DOWNINGTOWN: Bus departs UM Twp. Bldg at 10:15am, pick up at 1:45pm. Pizza and drinks are included.

****FRIDAY, APRIL 2****

SPRINGTIME DANCE AT THE PARK RIDGE HOTEL: Disc Jockey, decorations and refreshments. Each participant may bring a friend and wear casual attire. 7–9PM.

SATURDAY, APRIL 17

ELMWOOD PARK ZOO TRIP: 1661 Harding Boulevard Norristown, Pa 19401. Meet at the Zoo at 10am. Pick-up at 12noon. Please send snack/lunch or \$ for food.

****FRIDAY, APRIL 30****

SEMI-FORMAL DANCE AT THE PARK RIDGE HOTEL: Disc Jockey, decorations and refreshments. Each participant can bring a friend and get decked out in your semi-formal attire. 7–9PM

SATURDAY, TBA

RINGLING BROTHERS CIRCUS AT THE SPECTRUM: Bus departs UM Township Building at 9:45AM, returns approx. 1:45PM. Please send snack/lunch or \$ for food.

SUNDAY, TBA

PHILADELPHIA PHILLIES AT CITIZENS BANK BALLPARK: Bus departs UM Township Building at 12PM, returns approx. 5PM. Please send snack/lunch or \$ for food. No cans or bottles. Use sunscreen if it is sunny!!

IMPORTANT NOTES:

- 1.) Please fill out and send in the attached form. Be sure to fill out both sides - registration and activity form – **IT IS VERY IMPORTANT FOR YOU TO NOTE WHETHER OR NOT YOU PLAN TO ATTEND THE TRIPS SUCH AS; DISNEY ON ICE, THE CIRCUS AND THE PHILLIES!!!!!!** If it is not listed on your form you may lose your chance to attend these excursions.
- 2.) ****If you're bringing a friend please have them fill out the registration form prior to attending. Also please call the Upper Merion Park and Rec office to let us know 610.265.1071.****
- 3.) Please do not drop off early or pick-up late as we only accept responsibility for your child during the program times.
- 4.) All possessions should be clearly marked with the participant's name.
- 5.) Let's have a fun year – sign up with a friend. Thank you!

COST:

\$200 Upper and Lower Merion and Radnor Residents
\$250 Non-Residents
Checks payable to "Upper Merion Township"

INFORMATION:

Call Upper Merion Township Parks and Recreation department at 610-265-1071.

Upper Merion Park & Recreation Department
175 West Valley Forge Road
King of Prussia, PA 19406
Phone: 610-265-1071; Fax: 610-265-6415
Office Hours: Monday-Friday 9:00am-5:00pm
Website: uppermerionparkandrec.org



OUTER LIMITS 2009-2010 REGISTRATION FORM

PLEASE PRINT ALL INFORMATION CLEARLY

NAME _____ AGE _____ BIRTH DATE _____

ADDRESS _____

PHONE (H) _____ STREET _____ TOWN _____ ZIP _____
MOTHERS (C) _____ FATHERS (C) _____

NATURE OF DISABILITY _____

CURRENT MEDICATIONS _____

SEIZURE HISTORY _____

DOCTOR _____ DOCTOR'S PHONE _____

NEIGHBOR OR RELATIVE _____ PHONE _____

PREFERRED HOSPITAL IF EMERGENCY _____

FAVORITE ACTIVITIES _____ DISLIKES _____

GOALS FOR THE YEAR _____

SCHOOL _____ TEACHER _____

ACTIVITY/FOOD RESTRICTION _____

FEE \$ _____ RECEIPT # _____

RELEASE

As a condition to participation in the Upper Merion Parks and Recreation program mentioned herein, I release and discharge Upper Merion Township, its employees, and any individuals acting on behalf of Upper Merion Township and connected with this program from any and all claims and losses which may result to my child or participant. I recognize and acknowledge all risks involved in participation and assume all risks inherent in participation of same. I hereby grant permission to allow photographs to be taken for publicity purposes. As parent/guardian, I do hereby give permission to any licensed physician to provide emergency medical care to my child in connection with this activity or trip.

Parent/Guardian Signature

Date

BE SURE TO FILL OUT ACTIVITY FORM ON BACK →

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OUTER LIMITS 2009-2010 ACTIVITY FORM

Activity	Date & Time	Destination	Will Attend (Please check box)
Halloween Dance	Friday, October 23 rd 7pm – 9pm	Park Ridge Hotel 480 N. Gulph Road King of Prussia, Pa	
Bowling	Saturday, November 14 th 2pm – 4pm	Facenda Whitaker Lanes 2912 Swede Road East Norriton, PA	
Holiday Hoopla	Friday, December 4 th 6pm – 7:30pm	Upper Merion Township Building 175 W. Valley Forge Rd King of Prussia	
Winter Festival Dance	Friday, December 18 th 7pm – 9pm	Park Ridge Hotel 480 N. Gulph Road King of Prussia, Pa	
Disney on Ice	Saturday, January 2 nd 9:45am – 1:45pm	Bus Pickup/Drop-off Upper Merion Township Building 175 W. Valley Forge Rd King of Prussia	
Snowflake Dance	Friday, January 22 nd 7pm – 9pm	Park Ridge Hotel 480 N. Gulph Road King of Prussia, Pa	
Sweetheart Dance	Friday, February 12 th 7pm – 9pm	Park Ridge Hotel 480 N. Gulph Road King of Prussia, Pa	
Adventure Aquarium	Saturday, February 27 th 9:15am – 1pm	Bus Pickup/Drop-off Upper Merion Township Building 175 W. Valley Forge Rd King of Prussia	
Bowling	Saturday, March 20 th 10:15am – 1:45pm	Bus Pickup/Drop-off Upper Merion Township Building 175 W. Valley Forge Rd King of Prussia	
Springtime Dance	Friday, April 2 nd 7pm – 9pm	Park Ridge Hotel 480 N. Gulph Road King of Prussia, Pa	
Elmwood Park Zoo	Saturday, April 17 th 9am – 1pm	1661 Harding Boulevard Norristown, Pa 19401	
Semi Formal Dance	Friday, April 30 th 7pm – 9pm	Park Ridge Hotel 480 N. Gulph Road King of Prussia, Pa	
Ringling Brothers Circus	TBA 9:45am – 1:45pm	Bus Pickup/Drop-off Upper Merion Township Building 175 W. Valley Forge Rd King of Prussia	
Philadelphia Phillies	Sunday, June 6 th 12noon – 5pm	Bus Pickup/Drop-off Upper Merion Township Building 175 W. Valley Forge Rd King of Prussia	

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